

# METTRICKS

## DRINKS

### BLACK COFFEE

Espresso	3.1
Long Black	3.2
Americano	3.3

### FILTER

Batch Brew	3
V60	4

### WHITE COFFEE

Espresso Macchiato	3.3
Cortado	3.4
Flat White	3.5
Latte	3.6
Cappuccino	3.6

### Alt. Milk +30p

Oat • Almond • Soya • Coconut

### Syrup +50p

Caramel • Roasted Hazelnut  
Vanilla • Sugar-Free Vanilla

### CHOCOLATE

<b>Mocha</b>	4
Milk • Dark (VE) • White	
<b>Hot Chocolate</b>	4
Milk • Dark (VE) • White	
<b>Kids Hot Chocolate</b>	3
Milk • Dark (VE) • White	
<b>Mini Marshmallows +50p</b>	
<b>Whipped Cream +50p</b>	

### ICED COFFEE

Any Iced Black +30p	
Any Iced White +30p	
<b>Espresso Frappe</b>	5
Bargate Double Espresso • Ice Vanilla Ice cream • Choice of Syrup Whipped Cream	

### Freddo Espresso

Shaken Double Espresso served  
over Ice with the optional addition  
of Sweetness.

### BLACK TEA

Bargate Breakfast	3.3
Earl Grey	3.3
Decaf	3.3
Chai	3.5

### HERBAL TEA

Sencha Green	3.5
Jasmine	3.5
Peppermint	3.5
Honeybush	3.5
Fruits of the Forest	3.5
Detox	3.5
Matcha	3.5
Flowering	4

### ICED TEA

<b>Mettricks Peach Tea</b>	4
Bargate Breakfast • Peach Tea Monin Syrup • Lemon Juice	
<b>Fruits of the Forest</b>	4
Fruits of the Forest • Monin Syrup Fruit Blend • Lemon Juice	

### Mint & Elderflower

Peppermint • Elderflower Syrup

### TEA LATTE

<b>Chai Latte</b>	4
<b>MAKE IT A DIRTY CHAI +50p</b>	
Minor Figures Chai Concentrate with Milk of Choice topped with Cinnamon Sugar	
<b>London Fog</b>	4
Earl Grey brewed with Milk of Choice & Vanilla Syrup topped with Cinnamon Sugar	
<b>Matcha Latte</b>	4
<b>ADD VANILLA +50p</b>	
Japanese Matcha brewed with Milk of Choice	

### METTSHAKES

ALL SERVED WITH WHIPPED CREAM

<b>Malt Vanilla</b>	6
A blend of Horlicks Malt Powder and Crunchy Maltesers brought together with Creamy Vanilla Ice cream and Chocolate	
<b>Jammie Dodger</b>	6
Jammie Dodgers Biscuits blended with Creamy Vanilla Icecream, and Strawberry Jam. A British Classic.	
<b>Cookies n' Cream</b>	6
Classic Oreos blended with Creamy Vanilla Icecream & Chocolate	
<b>Mettricks B&amp;B</b>	6
(UN)ORDINARY OAT MILK blended with Crushed Ice, Smooth Biscoff and Banana Syrup	

### The Classics

Choose from Vanilla, Chocolate,  
Strawberry and Salted Caramel.

### SMOOTHIES

<b>Pash n' Shoot</b>	5
Peach • Pineapple • Mango	
<b>Green Avo Go-Go</b>	5
Mango • Spinach • Broccoli • Avocado • Coconut • Ginger • Lime	
<b>Strawberry Delight</b>	5
Strawberry • Banana	

### JUICE'MS

HOUSE-MADE SPRITZERS

<b>Strawberry &amp; Peach</b>	4
Strawberry & Peach Syrup Topped with Soda	
<b>Passionfruit &amp; Kiwi</b>	4
Passionfruit & Kiwi Syrup Topped with Soda	
<b>Elderflower &amp; Blackberry</b>	4
Elderflower & Blackberry Syrup Topped with Soda	

### BUBBLE TEA

MADE WITH METTRICKS TEA

<b>Classic Peach</b>	5
Peach Pearls served with Mettricks Bargate Breakfast Tea and Peach Syrup	
<b>Tropical Sunrise</b>	5
Mango Pearls served with Mettricks Fruits of the Forest Tea and Passionfruit Syrup	
<b>Blueberry Lemonade</b>	5
Blueberry Pearls served with Mettricks Sencha Green and Cloudy Lemon Syrup	
<b>Mettricks Refresher</b>	5
Lychee Pearls served with Mettricks Peppermint Tea and Elderflower Syrup	

### BRUNCH COCKTAILS

FEELING BOOZY?

<b>Bloody Mettricks</b>	9
A classic Bloody Mary with a Mettricks Twist	
<b>The Bargate Martini</b>	9
Absolut Vanilla Vodka & Kahlua served with Mettricks Bargate Roast	
<b>Garden Spritz</b>	9
Beefeater Gin & St Germain Elderflower Liqueur served with Vignana Prosecco, Soda and Lime	
<b>Mimosa</b>	7
Vignana Prosecco, topped with Orange Juice	

### COLD DRINKS

SERVED ON ICE

<b>Soft Drinks</b>	3
Pepsi Max • Lime and Soda • Lemonade • Blackcurrant	
<b>Juices</b>	3
Orange • Apple • Pineapple • Cranberry	
See Bar for Bottled Selection	

## A Message from Ascapart



We are proud to bring speciality coffee roasting right here to our home city of Southampton. Our first Mettricks Roasted House Coffee is a real Brazilian crowd-pleaser. Brazilian coffees to me are what great all-rounder espresso should taste like. That subtle sweetness that smoothens out at the finish & is exactly what this natural & pulped natural from the region of South of Minas in Brazil gives us.

In the town of Nova Resendes, Mariza Franco Mantovaninni harvests an average of 5000 bags of 60kg sacks each year, with altitudes ranging from 1097m 1188m. The varieties currently planted - Mundo Novo and Red & Yellow Catuai. Planato Estate Coffees have the typical features of body and sweetness, excellent aroma & moderate acidity.