

METTRICKS

Daytimes at

DRINKS MENU

REAL FOOD – FRESH – TASTY – LOCAL

METTRICKS FAVOURITES

THE METTRICKS FULL 15.50 **GFA**

2 Fried Eggs, Streaky Bacon, Sausage, Roasted Tomato, Garlic Sautéed Mushrooms, Mini Hash Browns & Baked Beans with Toasted Sourdough

THE METTRICKS PLANT 15.50 **Vegetarian**

Moving Mountains Sausage, Roasted Tomato, Fried Oyster Mushrooms, Smashed Avocado, Wilted Spinach, Mini Hash Browns & Baked Beans with Toasted Sourdough

SMASHED AVO 11.50 **Vegetarian GFA**

Smashed Avocado, Roasted Tomato, Poached Eggs & Pickled Red Onion atop Toasted Sourdough

(UN)ORDINARY OAT MILK PANCAKES 9.00 (2 STACK)

CLASSIC BACON

Streaky Bacon & Maple Syrup

MORNING METTRICKS **Vegetarian**

Fruit Compote, Coconut Yoghurt & House-Made Granola

BREAKFAST STACK + 1.00

Bacon, Grilled Sausage Patty, Fried Egg & Maple Syrup

2 STACKS NOT ENOUGH ?

ADD EXTRA STACK + 1.00



OPEN BREAKFAST WRAP 11.50 **GFA**

Tortilla, Streaky Bacon & Chorizo Mix, Smashed Avocado, House-Made Salsa, Mini Hash Browns topped with a Fried Egg & Herb Mayo

ADD FRIED CHICKEN + 3.00

OPEN PLANT WRAP 11.50 **Vegetarian GFA**

Tortilla, Fried Oyster Mushrooms, Smashed Avocado, House-Made Salsa, Mini Hash Browns & Wilted Spinach topped with Herb Mayo

BRUNCH BURGER 11.95 **OUR TEAMS #1 CHOICE**

Grilled Sausage Patty, Hash Browns, Burger Cheese, Caramelised Onion, Ketchup & Fried Egg served in Warm Brioche

BRUNCH ADDITIONS

£1 - Fried Egg • Poached Egg • Baked Beans • Hash Browns • Sautéed Mushrooms • Roasted Tomato • Wilted Spinach • Toasted Sourdough

£2 - Scrambled Eggs • Smashed Avocado • Streaky Bacon • Sausage • Vegan Sausage • Mett-Fried Oyster Mushrooms

EGGS

EGGS BENNY 11.00 **GFA**

Poached Eggs and Hollandaise atop Toasted Sourdough
Streaky Bacon OR Spinach

NEW! EGG BUN 7.00 **Vegetarian**

Warm Toasted Brioche, Mettricks Egg Mayo topped with Fresh Rocket & Chive

EGGS YOUR WAY 8.50 **Vegetarian GFA**

Your choice of Poached, Scrambled or Fried Eggs atop Toasted Sourdough & finished with Homemade Herb Oil & Chive

LUNCH

NEW RECIPE! THE METT 11.50

Mett-Fried Chicken, Streaky Bacon, Cheddar, Mozzarella, Cos Lettuce, Sliced Tomato & Herb Mayo served in 2 Pieces of Lightly Toasted Sourdough

THE NEW FOREST SARNIE 10.50 **Vegetarian**

Crispy Oyster Mushroom, Smashed Avocado, Sliced Beef Tomato, Pickled Red Onion, Cos Lettuce & Herb Mayo served in Lightly Toasted Sourdough

BACON, LETTUCE & TOMATO SARNIE 10.50

Crispy Maple Bacon, Cos Lettuce, Sliced Beef Tomato & plenty of Herb Mayo served in Lightly Toasted Sourdough

GRILLED CHEESE SANDWICHES

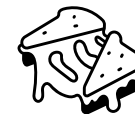
Add A Mug Of Soup + 3.00

Ham & Cheese - Wiltshire Ham, Mozzarella & Cheddar, Bechamel 7.95

Tuna Melt - Tuna Mayo, Mozzarella & Cheddar & Sliced Red Onion 7.95

Sun Blushed Tomato & Pesto - Sun Blushed Tomato, Caramelised Red Onion, VG Cheese,

VG Pesto & Spinach 7.50 **Vegetarian**



METTRICKS GARDEN SALAD 8.50 **Vegetarian GFA**

Fresh Rocket tossed in our Herb Dressing topped with Tomato Salsa, Pickled Carrot Ribbons, Smashed Avocado, Homemade Croutons, Fresh Cucumber & Sweet Pickled Red Onion

ADD FRIED CHICKEN + 3.00 ADD CRISPY OYSTER MUSHROOMS + 3.00

Vegetarian VEGAN **Vegetarian** **GFA** GLUTEN FREE AVAILABLE

Allergen advice: While we take steps to minimise the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with allergies to soya, dairy, egg or wheat as all of these ingredients are used in our kitchen. If you have any queries, please speak to one of our team. GFA at request.

TO SHARE

MINI HASH BROWNS 4.95

A Large Portion of our Mini Hash Browns tossed in Plenty of House Seasoning

SEASONED FRIES 4.95

A Large Portion of our Thin Cut fries tossed in Plenty of House Seasoning

MEXTRICKS LOADED 8.00 **Vegetarian**

Smashed Avocado & Tomato Salsa with Pickled Red Onions & Herb Mayo

SOUP OF DAY

Served with Homemade Croutons 6.50 **Vegetarian**

