METTRICKS

Brunch

Local Sourdough Toast (GFA) £4

with Butter. Add Jam 0.50p // Marmalade 0.50p // Peanut Butter 0.50p

Full English (GFA) £11

Local fried free range eggs, toast, smiths butchers bacon, smiths butchers sausage, hash browns, mushrooms, confit plum tomatoes and baked beans

Hungry? Go big for £3

Vegan Full English (VG/GFA) £11

Toasted sourdough, crushed broad beans, confit plum tomatoes, mushrooms, crispy kale, baked beans and coconut bacon

Hungry? Go big for £3

Breakfast Wrap £9.50

Chorizo, smiths butchers bacon, crushed 'not avocado' (broad beans), tomato & red pepper salsa, cheese, hashbrowns, fried egg and chipotle mayo

Vegan Breakfast Wrap (VG) £9.50

Crushed 'not avocado' (broad beans), tomato & roasted pepper salsa, vegan cheese, hash browns, crispy kale and chipotle mayo

Bacon & Sausage Bap (GFA) £7

Smiths butchers bacon & sausage in a brioche bun with brown sauce or ketchup.

Eggs Benedict £9.50

English muffin, Smiths streaky bacon and hollandaise sauce

Eggs Florentine £8.50

English muffin, spinach and hollandaise sauce

Eggs Royale £10.50

English muffin, smoked salmon and hollandaise sauce

Fresh Pastries

Check out our homemade bakes on our cake counter or ask a member of our team.

Mettricks Brunch

On Toast

Baked Beans (V) £5.50

Classic baked beans on sourdough toast

Eggs (V) £7

Choose from poached, fried or scrambled free range eggs on toast

Bacon & Egg £8

Choose from poached, fried or scrambled free range eggs on toast with Smiths Streaky bacon

Cheese (V) £5

The classic cheese on toast with lea & perrins

Crushed 'Not Avocado' (V) £8.50

A more sustainable alternative to the classic avo on toast - Crushed broad beans, free range poached eggs, grilled tomato and chilli flakes

Smoked Salmon £8.50

Smoked salmon and free range scrambled egg on sourdough toast

Field Mushrooms (V) £6

Grilled field mushrooms dusted with chermoula seasoning on sourdough toast

Porridge

Plain (VGA) £3.50

Grandmas classic porridge

Banana & Maple Syrup (VGA) £5.50

Classic porridge with fresh banana and sweet maple syrup

Blueberry (VGA) £4.50

Classic porridge with blueberry compote sprinkled with fresh blueberries

Honey (VGA) £4.50

Classic porridge with sweet golden honey

Bisocoff (VGA) £5

Classic porridge with a Biscoff crumb

On Toast & Porridge

Pancakes

Bacon & Maple Syrup 2 Stack £9 // 3 Stack £10

Smiths Butchers Streaky Bacon with lashings of maple syrup

Blueberry (VG) 2 Stack £9 // 3 Stack £10

Blueberry compote with fresh blueberries

Biscoff (VG) 2 Stack £9 // 3 Stack £10

Sprinkled with a Biscoff crumb

Banana, Pecan & Maple Syrup 2 Stack £9 // 3 Stack £10

Fresh Banana, Pecans and lashings of maple syrup

Smoked Salmon & Cream Cheese 2 Stack £9 // 3 Stack £10

A classic combo, Smoked Salmon and Cream Cheese

Sandwiches & Wraps

All served with home seasoned fries

Triple Cheese Toastie (V) £6

Cheddar, Camembert and Mozzarella

Ham & Cheese Toastie £7.50

Ham & Cheddar Cheese

Vegan Cheese & Red Pepper Toastie (VG) £7

Vegan cheese with roasted red peppers

Mett Club Sandwich (GFA) £10

Chicken, bacon, lettuce, sriracha mayo and tomato

Camembert & Cured Meat Wrap or Focaccia Sandwich (GFA) £9.50

with Pickles & Rocket

Hummus & Red Pepper Wrap or Focaccia Sandwich (V/VGA) £8

Hummus, roasted red peppers, rocket and mint

Fish Finger Wrap or Focaccia Sandwich £9.50

Tartare sauce & gem lettuce

M.F.C (GFA) Wrap or Focaccia Sandwich £10

Mettricks fried chicken, sriracha mayo and gem lettuce

Smoked Salmon Wrap or Focaccia Sandwich (GFA) £9.50

Cream cheese, dill and lemon

Pancakes, Foccacia & Wraps

Loaded Hash Browns or Fries

Bacon & Cheese £5.50
Aioli & Chive (VG) £5
Pomegranate, Chilli & Yoghurt (VGA) £4.50
Cheese & Truffle Oil (V) £5



Burgers

The Mettricks 'Build Your Own' Burger £12

60z Beef Patty with Burger Sauce & Baby Gem

Add Grilled Cheese £1 Add Bacon £1.50

Add Roasted Red Peppers £1.50

Add Pork Belly £4

Add Mettricks Fried Chicken £6

Add Fairground Onions £1

Add Slaw £1

Add Sriracha Mayo £0.50p

Add Fried Halloumi £3

Moving Mountains Burger (VG) £13.00

A Vegan Patty with Burger Sauce & Baby Gem

Add Vegan Cheese £1

Add Roasted Red Peppers £1.50

Add Slaw £1.50

Add Vegan Bacon £1

Add Fairground Onions £1.50

Add Sriracha Mayo £0.50

Salads

Baby Gem Caesar (GFA) £10

Croutons, caesar dressing and Old Winchester cheese

Rocket & Old Winchester (VG/GFA) £10

Sundried tomato dressing, croutons and balsamic glaze

Chicken & Bacon Salad (GFA) £12

Baby gem, roasted tomatoes, mint and rocket

Hash Browns, Burgers & Salads

V - Vegetarian VG - Vegan

VGA - Vegan Available

GF - Gluten Free GFA - Gluten Free Available