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 Vegan  Vegetarian

**Allergen advice:** While we take steps to minimise the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with allergies to soya, dairy, egg or wheat as all of these ingredients are used. If you have any queries, please speak to one of our team.

## PREMIUM COCKTAILS 9.90

### Blueberry muffin old fashioned

A blueberry muffin in a glass - Our classic old fashioned with a hint of blueberry

### Old fashioned

A classic Old Fashioned with Woodford Reserve, brown sugar & Angostura Bitters

### Blood orange margarita

A simple margarita with a kick of blood orange & lime juice

### Bakewell

A Bakewell tart you can drink - amaretto, cherry, cranberry & lime juice

### Mettricks garden

A light & refreshing gin cocktail, straight from Grandma Mettricks Garden

### Espresso martini

A classic Espresso Martini with our speciality grade house coffee. Choose from either vodka or rum

### Earl grey martini

A lovely cup of G & Tea. London Dry Gin brewed with Mettricks Earl Grey tea for the perfect little tipple.

## BAR BITES - 3.95 EACH

Cumin & chilli spiced roasted chickpeas 

Home made pork crackling with caramelised Bramley  
Apple purée

Home made cheddar & chilli bar biscuits 

Marinated olives with roasted peppers & garlic 

Honey & soy roasted nuts with smoked sea salt

Peanut butter pretzels

## SMOOTHIES 4.50 *Regan*

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### **Tropical crush**

Passion fruit, papaya, mango & pineapple

### **Merry berry**

Blackberry, strawberry, raspberry, blueberry & banana

### **Groovy green**

Avocado, spinach, green apple, William pear & mint

## BANGING SHAKES!

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### **Classic vanilla 4.50**

Our classic vanilla ice cream shake

### **Vegan biscoff & banana 4.50 *Regan***

Frozen banana, vegan biscoff, oat milk & plant cream

### **Chocolate & peanut butter 4.50**

Frozen banana, chocolate protein powder & peanut butter

### **Salted caramel 4.50**

Made with real dairy ice cream, topped with caramel sauce & cream

### **Epic strawberry cheesecake 5.50**

Made with real dairy ice cream, topped with cream, crunchy biscuit & strawberry sauce

### **Seriously chocolate brownie 5.50**

Made with real dairy ice cream, famous Mettricks brownie pieces, cream & chocolate sauce

### **Oreo chocolate cookie 5.50**

Made with real dairy ice cream & Oreo biscuits, topped with cream, Oreo pieces & chocolate sauce

### **Add a shot 2.00**

Add a shot of vodka, Rum, Whiskey, Amaretto or Irish cream

## 2 FOR £12 COCKTAILS

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### **Long island**

A refreshing Mettricks twist on a classic long island with peach hibiscus iced tea & pink gin.

### **Cranberry boozer**

Vodka, Cointreau, lime & cranberry making for a lip smackingly sweet & sour tippie

### **Mettricks rum punch**

White + dark rum & a mixture of tropical fruits making for a truly exotic punch.

### **Release the kraken**

Kraken rum & lime topped with ginger beer, our take on a Dark & Stormy.

### **Aperol spritz**

A classic light & refreshing spritz straight from Northern Italy

### **Passion fruit martini**

Passionfruit, vodka & prosecco, what more could you want?

### **Pancake mojito**

An original mojito stacked with notes of zesty lemon & smoky maple syrup.

### **Lemon drizzle**

When life gives you lemons, add vodka!

## MOCKTAILS 5.50

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### **Blueberry fizz**

A blueberry muffin in a glass - blueberry, lime & lemonade

### **Cranberry cooler**

Lime, cranberry & soda making for a lip smackingly sweet & sour tippie

### **Virgin garden**

Our Mettricks Garden minus the strong stuff - light & refreshing, straight from Grandma Mettricks Garden

### **Espresso mocktini**

A classic Espresso Martini with our speciality grade house coffee, Minus the strong stuff

# WHITE WINE

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## Viertalo **Sauvignon Blanc, Airen**

With a subtle floral scent on the nose this white has flavours of melon, citrus fruits & a touch of fennel.

**125ml 3.5 // 175ml 4.8 // 250ml 6.5 // Bottle 19**

## Languore Trebbiano **Chardonnay Rubicone**

Straw-yellow with light greenish hue in colour, this wine is intense on the nose, with notes of tropical fruit & a hint of vanilla. Structured & full on the palate, it is smooth & well balanced.

**125ml 4.3 // 175ml 5.8 // 250ml 8.3 // Bottle 22**

## Ombrellino **Pinot Grigio Catarratto**

Straw-yellow with light golden hue in colour. Sweet spices & jasmine jump from the glass with a defined & harmonious perfume. It has gracefully refined dry notes on the palate & a fresh finish.

**125ml 4.5 // 175ml 6.2 // 250ml 8.8 // Bottle 23**

## Bantry Bay **Chenin Blanc**

A fresh wine showing delicate floral notes and subtle pineapple fruit, joined by striking lemon & grapefruit flavours.

**125ml 4.6 // 175ml 6.6 // 250ml 8.9 // Bottle 24**

# FIZZ

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## Noughty Org' Spark' Chard' **0%**

This vibrant sparkling organic Chardonnay has been entirely dealcoholised. It's all of the enjoyment of your favourite bottle of fizz without the alcohol. It's fresh and crisp with notes of green apple and fine bubbles. It's the lighter choice for celebrations, but will also be fantastic for a quiet night in with rich, cheesy nibbles.

**Bottle 25**

## Prosecco Bel Canto

Delicate and aromatic with fine bubbles. This wine carries lots of fresh peach, pear and an elegant zest.

**125ml 6 // Bottle 30**

## Bel Canto Rosé

An intense nose of a floral bouquet of roses and violets, with a light yeasty note.

Fresh and full, with strawberry and raspberry notes on the palate.

**125ml 6 // Bottle 30**

# ROSÉ WINE

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## Viertalo **Tempranillo Garnacha** Rosé

A fresh, ripe strawberry fruit character makes this an approachable style of rosé.

**125ml 3.5 // 175ml 4.8 // 250ml 6.5 // Bottle 19**

## Bel Canto **Pinot Grigio** Rosé *Regis*

Soft pink in colour with a purplish hue. A balanced wine with fresh and pleasant notes of cherry red fruit and slightly ripe forest fruit.

**125ml 4.5 // 175ml 6.2 // 250ml 8.8 // Bottle 23**

## Two Birds, One Stone Rosé *Regis*

A fantastic example of an off-dry, easy drinking wine full of summer fruit flavours, a dash of sweet spice and a hint of sweetness.

**125ml 5 // 175ml 7.2 // 250ml 9.2 // Bottle 26**

## Hangloose **White Zinfandel** Rosé *Regis*

Bursting with ripe Summer fruits. Expect notes of strawberries and red cherries.

**125ml 5.5 // 175ml 7.5 // 250ml 10 // Bottle 28**

## The Guv'nor

The Guv'nor rules his establishment with confident poise yet is not a man to be trifled with. Like his beer, his wine is carefully selected to ensure both he and his associates enjoy a wine that hits the spot. Delight your senses with this indulgent wine. Bursting with tropical fruit flavours and a fresh citrus edge this rich, satisfying white, like The Guv'nor, knows how to deliver.

**125ml 5 // 175ml 7.2 // 250ml 9.2 // Bottle 26**

## L'abeille Picpoul **De Pinet** *Regis*

A youthful white wine full of lively lemon fruit and lime zest flavours. This wine has a bright & vibrant character.

**125ml 5.5 // 175ml 7.5 // 250ml 10 // Bottle 28**

## Valle Berta **Gavi** *Regis*

Subtle traces of honeysuckle with characteristic aromas of lime zest & minerality. It offers a clean & refreshing finish.

**125ml 6 // 175ml 8.2 // 250ml 11.2 // Bottle 30**

## Kokako **Sauvignon Blanc**

Gooseberry, and tropical spectrum. Citrus backbone. Fresh acidity with more mid-palate weight.

**125ml 6.8 // 175ml 9 // 250ml 12.6 // Bottle 33**

## Bread & Butter **Chardonnay**

This Chardonnay opens delicately with rich notes of vanilla bean and almond husk, which reminds us of a decadent crème brûlée. The creamy custard notes are balanced by a soft minerality.

**125ml 8 // 175ml 11 // 250ml 15 // Bottle 38**

# RED WINE

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## Viertalo Tempranillo, **Garnacha**

Raspberry & black cherry fruits on the nose that also emerge on the palate complemented by a touch of spice.

**125ml 3.5 // 175ml 4.8 // 250ml 6.5 // Bottle 19**

## Languore **Sangiovese** *Regina*

Intense ruby red in colour with typical scents of ripe cherry and raspberry. It is medium bodied, juicy, fresh and persistent.

**125ml 4.3 // 175ml 5.8 // 250ml 8.3 // Bottle 22**

## Romero Gonzalez **Malbec** *Regina*

This is an elegant juicy Malbec with lots of pure blackcurrant fruit character. A little grip of tannin helps balance the wine.

**125ml 4.5 // 175ml 6.2 // 250ml 8.8 // Bottle 23**

## Viña Carrasco **Merlot** *Regina*

Offers good concentration and depth of fruit, with a soft and plummy texture, & hints of vanilla.

**125ml 4.8 // 175ml 6.9 // 250ml 9 // Bottle 25**

## The Guv'nor!

The Guv'nor is made by our favourite winemakers. We told them to craft the ideal wine they'd drink at home and to forget any rules to achieve it. The result is a deep, multi regional Tempranillo that's chock-full of bramble, blackcurrant and vanilla.

**125ml 5 // 175ml 7.2 // 250ml 9.2 // Bottle 26**

## Mozzafiato **Primitivo** *Regina*

Flavours of dried prune, date & plump cherry, with swathes of sweet spice. A mouth coating, chocolatey red wine.

**125ml 5.3 // 175ml 7.4 // 250ml 9.5 // Bottle 27**

## Dehesa de Gazania **Reserva** *Regina*

Deep cherry red with shades of ruby red. Very complex on the nose, where aromas of red berries and liquorice combine with layers of oaky aromas. It feels full-bodied, long and structured on the palate.

**125ml 6.2 // 175ml 8.4 // 250ml 11.5 // Bottle 31**

## Château de Sainte Gemme, **Haut-Médoc**

An approachable, accessible, medium-bodied wine, with a ruby core of ripe red berry fruit, accented with plenty of black pepper, toast and vanilla notes, providing satisfying complexity and length.

**125ml 6.8 // 175ml 9 // 250ml 12.6 // Bottle 33**

## Bread & Butter **Pinot Noir**

The sister wine to the sell-out Bread & Butter Chardonnay, this delicious red captures everything that is great about Cali' Pinot Noir. With fruit taken from acclaimed Caneros and Monterey County, it's all about juicy red fruit (think cranberries, cherries, and raspberries), and delicate hints of cedar, smoke, and bay leaf.

**125ml 8 // 175ml 11 // 250ml 15 // Bottle 38**