

SPECIALITY COFFEE

Black coffee

Espresso 2oz	2.50
Long black 6oz	2.60
Americano 10.5oz	2.80
Batch brew 10.5oz	2.80
AeroPress 10oz	3.50
V60 10oz	3.50

Ask our baristas for more info

Milky coffee

Cappuccino 10.5oz	3.10
Latte 10.5oz	3.10
Mocha 10.5oz	3.50

Choose from milk, dark or white chocolate

Iced coffee

Iced latte	3.60
Iced mocha	3.60
Freddo espresso	3.20
Affogato	4.00
Cold brew	3.20
Espresso frappe	5.00
Iced Americano	3.30

Syrups 0.50

Ask our baristas

Alternate milk 0.50

Oat, almond or soya

Guest coffee available +0.50

Hot chocolate 3.50

Made with real chocolate flakes.

Milk chocolate 45% cocoa
Creamy, smooth & intensely chocolatey

Dark chocolate 54% cocoa
Rich, intense & indulgent

White chocolate 30% cocoa
Sweet, luxurious & velvety

Add Marshmallows 0.50 // Cream 0.50

Kids hot chocolate 2.50

Our house hot chocolate made for kids



A bit about our HOUSE COFFEE

A message from Spencer & Mettricks Head Roaster Lewis:

We are proud to bringing speciality coffee roasting right here to our home city of Southampton. Our first Mettricks roasted house coffee is a real Brazilian crowd pleaser. Brazilian coffees to me are what great all rounder espresso should taste like. That subtle sweetness that smoothens out at the finish, & that's exactly what this natural & pulped natural from the region of South of Minas in Brazil gives us.

In the town of Nova Resende, Mariza Franco Mantovaninni harvests in average 5,000 bags of 60kg sacks each year, with altitude ranging from 1097m to 1188m. The varieties currently planted - Mundo Novo & Red & Yellow Catuai - will soon be joined by 100 acres of Yellow Catuai. Planalto Estate Coffees have the typical features of South Minas coffees & more. Planalto Naturals have pronounced body & sweetness, excellent aroma & moderate acidity. Planalto Pulped Naturals are more balanced. Body & aroma are the same as in naturals. The cup is naturally sweet, with South Minas acidity reaching its highest levels.

So sit back & enjoy, knowing you're drinking a very good brew, roasted with care by the team at Mettricks

SO:DOUGH

from the bakers at

METTRICKS

Available at counter. Our bakers proudly make & bake all of our brownies, doughnuts, cakes & cookies in house

Smoothies 4.50 *& Legum*

Tropical Crush

Passion fruit, papaya, mango & pineapple

Green

Kale, broccoli kiwi, peach & apple

Merry Berry

Blackberry, strawberry, raspberry, blueberry & banana

Banging shakes!

Classic vanilla	4.50	Epic strawberry	5.50
Vegan biscoff & banana <i>& Legum</i>	4.50	Seriously chocolate brownie	5.50
Chocolate & peanut butter	4.50	Oreo chocolate cookie	5.50
Salted caramel	4.50		

LOOSE LEAF TEA

Black tea

Breakfast golden & fullbodied	3.0
Earl Grey floral & citrus	3.0
Vanilla chai aromatic & spicy	3.25
Decaf tea smooth & refreshing	3.00

Green tea

Sencha green clean & refreshing	3.00
Silver needle floral & delicate jasmine	3.50
Matcha vegetal & healthy	3.50
Flowering tea floral & sweet	4.00

Herbal & fruit tea

Honeybush sweet & woody	3.00
Chamomile calming & floral	3.00
Peppermint invigorating & fresh	3.00
Fruit blend natural & sweet	3.50
Detox warming & citrus	3.50

Tea lattes

Chai latte	3.75
Matcha latte	3.75
London fog	3.75

All teas available iced +0.50

BREAKFAST Served till 5pm

Locally baked sourdough toast 4.00
Served with butter
Add home-made seasonal jam 0.50 // Grandma's home-made lemon curd 0.50 // Peanut butter 0.50

Full English Hungry? Go big for +3 **GFA** 10.50
Local fried free range eggs, toast, bacon, butchers sausage, mushrooms, confit plum tomatoes & homemade Boston beans

Vegan full English Hungry? Go big for +3 *Vegetarian* **GFA** 10.50
Toasted sourdough, smashed avocado, confit plum tomatoes, mushrooms, crispy kale, homemade Boston beans & coconut bacon

Free-range eggs on toasted buttered sourdough **GFA** 7.00
Served with confit tomatoes & watercress

Breakfast wrap 7.95
Chorizo, smoked bacon, smashed avocado, tomato & roasted pepper salsa, cheese, hash browns, fried egg & chipotle mayo

Vegan breakfast wrap *Vegetarian* 7.95
Smashed avocado, tomato & roasted pepper salsa, violife cheese, hash browns, crispy kale & chipotle mayo
Add egg 2 // Bacon 3 **VGA** // **Halloumi 3.50**

Breakfast butty 6.95
Sausage or bacon on white buttered bloomer bread served with crisp kale
Add egg 2 // Hash brown 1.50

BRUNCH Served 12pm - 5pm

Turkish eggs **GFA** 7.95
Poached eggs with seasoned yogurt, spiced smoked paprika butter, herbs & buttered toast

Smashed avo on toasted locally baked sourdough **VGA** 7.95
Served with confit tomatoes, vegetable crisps & micro shoots

Home-made stacked American pancakes
2 stack 8.50 // 3 stack 9.50
Caramelized bananas, toasted pecans & maple syrup *Vegetarian*
Fresh blueberries & vanilla blueberry compote *Vegetarian*
Crispy streaky bacon & maple syrup **VGA**

BRUNCH Served 12pm - 5pm

Mettricks brunch burger 9.50
Local butchers sausage patty, bacon, local fried egg, hash browns & American cheese

Loaded hash browns 4.95
Bacon & cheese // Aioli & chive // Parmesan & truffle

The founder burger **VGA +£1** **GFA** 9.00
Classic burger, butcher's steak pattie, lettuce, tomato, cheese, burger sauce & pickles

Mett club **VGA** **GFA** 7.95
Bacon, chicken, lettuce, beef tomato, mayo & cheese

**ADD CHIPS
TO ANY DISH
3.50**

GRILLED CHEESE TOASTIES

Served on toasted sourdough with seasonal slaw

Mac & brie **VGA** 7.50
Mac & cheese, with brie & caramelised onions

Baked croque monsieur **GFA** Allow 12 mins preparation time 7.50
Honey roast ham, cheddar & mozzarella
Add egg 2

The Reuben **GFA** 7.95
Pastrami, sauerkraut, pickles & dijonaise

Naughtella **GFA** 7.50
Nutella, banana & home baked brownies

Ham & cheese **GFA** 6.95
Honey roast ham, cheddar, mozzarella & chive grilled cheese

Chicken kiev **GFA** 7.95
Grilled chicken, cheese, aioli & rocket

Customise your dish - add!

Bacon 3, sausage 2, avocado 3, hash browns 1.50, egg 2 (scrambled, poached or fried) mushrooms 1.50, halloumi 3.50, kale 1.50, confit plum tomatoes 1.50, Boston beans 1.50 or cheese 1

Vegetarian Vegan Vegetarian **VGA** Vegan Available **GFA** Gluten Free Available

Allergen advice: While we take steps to minimise the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with allergies to soya, dairy, egg or wheat as all of these ingredients are used in our kitchen. If you have any queries, please speak to one of our team. GFA at request.

SINCE 2013 SOUTHAMPTON'S INDIE COFFEE & BRUNCH CO.

DAYTIME AT
METTRICKS
Brunch & Lunch • Tea & Coffee • Milkshakes & Smoothies