

METTRICKS

BRUNCH 7 DAYS
9AM 'TILL 4PM

ALL OF OUR FOOD IS MADE IN PROPER KITCHENS BY PASSIONATE CHEFS USING REAL, HIGH QUALITY INGREDIENTS. WE USE LOCAL BUTCHERS, BAKERS & FRESH FOOD SUPPLIERS SO YOU KNOW THAT OUR FOOD DOESN'T JUST TASTE GOOD; IT IS GOOD!

BREAKFAST

THE FULL ENGLISH £13.5

Sausage, toast, sauteed chestnut mushrooms, tomato, hash browns, beans, back bacon, fried egg

THE FULL VEGETARIAN (VG) £13.5

Veg sausages, toast, sauteed chestnut mushrooms, tomato, hash browns, beans, bacon flavoured halloumi, fried egg

THE FULL VEGAN (VE) £13.5

Toast, sauteed chestnut mushrooms, tomato hash browns, vegan bacon, vegan sausages, vegan egg, beans

POTATO HASH (GF) £10

Chorizo, Cavolo Nero, Potatoes, Chilli, Passata, Poached Egg

EGGS

ALL SERVED ON TOAST WITH POACHED EGGS & HOLLANDAISE

BENEDICT (GFA) £8 Crispy bacon

FLORENTINE (GFA, VG) £8 Sauteed spinach

ROYALE (GFA) £10 Smoked salmon

AVOCADO (GFA, VG) £8 Avocado mix & pink radish

CHICKEN (GFA) £10 Butter milk chicken

OPEN WRAPS

ALL SERVED ON A CORN TORTILLA w METTRICKS AVOCADO MIX & CONCASSE TOMATOES.

STEAK (GF) £15

4oz steak, fried egg, chimichurri & spring onions

VEGAN (VE, VG) £10

Louisiana Vegan fried chicken, vegan bacon, spring onions, vegan egg, chilli vegan mayo

BREAKFAST £10

Streaky bacon, fried egg, sausage & honey chilli mayo

CHICKEN (GF) £10

Buttermilk fried chicken, fried egg, spring onions

SANDWICHES

ADD FRIES, SWEET POTATO FRIES or MINI HASHBROWNS £3

METTRICKS CLUB £11

Buttermilk fried chicken, avo mix, cos lettuce, tomato, gruyere cheese, streaky bacon, mayonnaise

VEGAN CLUB (VG, VE) £11

Louisiana fried vegan chicken, avo mix, cos lettuce, tomato, vegan mozzarella, vegan bacon bits, vegan mayonnaise

FISH FINGERS £10

Handmade breaded fish fingers, tartare sauce, cos lettuce

BACON (GFA) £8 add fried egg for £1.00

SAUSAGE (GFA) £8 add fried egg for £1.00

TOASTIES

ADD FRIES, SWEET POTATO FRIES or MINI HASHBROWNS £3

HAM & CHEESE £7

Roasted ham, mozzarella cheese & bechamel sauce

BACON, SAUSAGE & CHEESE £7

Streaky bacon, sausage & mozzarella cheese

CAPRESE (VG) £6.5

Tomato, pesto & buffalo mozzarella

VEGAN CHEESE & ONION (VG, VE) £6.5

Marmite, vegan mozzarella, red onion marmalade

TUNA £7

Tuna, mayonnaise, mozzarella & red pepper

SIDES

LOADED FRIES OR HASH BROWNS: £8.5

Mozzarella, Cheddar Cheese & Bacon (GF)
Vegan Mozzarella and Vegan Bacon (VG, VE)
Pico De Gaio, Mozzarella (GF, VG)

FRIES (GF, VG, VE) £4.5

SWEET POTATO FRIES (GF, VG, VE) £4.5

MINI HASH BROWNS (GF, VG, VE) £4.5

ADD ONS toast bacon fried egg sausage beans tomato sautéed chestnut mushrooms £1
bacon flavoured halloumi black pudding smashed avocado £1.5 diced chorizo £2

PANCAKES

4 STACK OF HOUSEMADE PANCAKES

BACON £8

Crispy streaky bacon & maple syrup

BLACK FOREST (VG) £8

Dark cherry jam, vanilla ice cream, cocoa

FRUIT (VG) £8

Seasonal fruit compote & greek yoghurt

NUTELLA (VG) £8

Nutella and toasted hazelnut nibs & whipped cream

BISCOFF (VG) £8

Biscoff spread, banana, walnuts & vanilla ice cream

BREAKFAST £9

Sausage, streaky bacon, fried egg & maple syrup

KIDS MENU

CHICKEN NUGGETS £6

Breaded chicken nuggets, fries & garden peas

VEGAN CHICKEN NUGGETS (VG, VE) £6

Breaded vegan nuggets, fries & garden peas

FISH FINGERS £6

Fish fingers, fries & garden peas

CHEESE & HAM TOASTIE £6

Roasted ham & mozzarella cheese

MINI BREAKFAST £6

Sausage, bacon, Toast, fried egg & beans

MINI VEGIE BREAKFAST (VG) £6

veg sausage, bacon halloumi, toast, fried egg & beans

BACON PANCAKES £6

2 stack w streaky bacon & maple syrup

PANCAKES (VG) £6

2 stack w seasonal compote & Greek yoghurt

VE = Vegan VG = Vegetarian

GF = Gluten Free GFA = Gluten free available

While we take steps to minimise the risk of cross-contamination, we cannot guarantee that any of our products are safe to consume for people with allergies to soya, dairy, egg or wheat as all of these ingredients are used in our kitchen. If you have any queries, please speak to one of our team. GFA at request.